

#### 4. Possible side effects

Like all medicines, Olbas for Children can cause side effects, although not everybody gets them. If you notice any side effects, please tell your doctor or pharmacist.

#### 5. How to store Olbas for Children

**Store safely out of the reach and sight of children.**

Do not use Olbas for Children after the expiry date which is stated on the packaging.

Do not store above 25°C.

Do not use if cap seal is broken or if fitted plastic dropper is missing from bottle neck.

#### 6. Further Information

**What Olbas for Children contains**

The active substances are:

Cajuput Oil.....	4.625%w/w
Clove Oil.....	0.025%w/w
Eucalyptus Oil.....	8.863%w/w
Juniper Oil.....	0.675%w/w
Levomenthol.....	1.025%w/w
Methyl Salicylate .....	0.925%w/w
Mint Oil, Partly Dementholised .....	8.863%w/w

The other ingredients are:

Isopropyl Myristate, Orange Fragrance.

**What Olbas for Children looks like and contents of the pack**

Olbas for Children is a colourless to pale yellow, transparent, inhalation vapour liquid.

It is available in bottles containing 10ml and 15ml.

**Marketing Authorisation Holder and Manufacturer:**

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# Olbas<sup>®</sup> for children

## Inhalant Decongestant Oil

**Read all of this leaflet carefully because it contains important information for you.**

This medicine is available without prescription. However, you still need to use Olbas for Children carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must contact a doctor if symptoms worsen or do not improve after 7 days.
- If you notice any side effect, please tell your doctor or pharmacist.

**In this leaflet:**

1. What Olbas for Children is and what it is used for
2. Before you use Olbas for Children
3. How to use Olbas for Children
4. Possible side effects
5. How to store Olbas for Children
6. Further information

### 1. What Olbas for Children is and what it is used for

Olbas for Children contains a mixture of essential pure plant oils which gives off natural vapours to immediately clear nasal congestion and relieve painful sinuses.

Olbas for Children is specially formulated for children and infants to gently clear blocked up noses. It is useful for the treatment of colds and flu, catarrh, hayfever and blocked sinuses.

### 2. Before you use Olbas for

#### Do not use Olbas for Children:

- if your child is allergic to any of the ingredients (see section 6 for a complete list of ingredients).

#### If adults use this medicine:

It is best not to take any non-essential medication when pregnant or breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

#### Taking other medicines

Please tell your doctor or pharmacist if your child is taking or has recently taken, any other medicines, including medicines obtained without a prescription.

### 3. How to use Olbas for Children

For inhalation use only.

#### Using with a tissue:

<b>Children under 3 months:</b>	
Not recommended	
<b>Children aged 3 months to 2 years:</b>	
Day:	Add 4 drops to a tissue and hold close to, <b>but not touching</b> , the child's nose, to allow child to breathe in vapours.
Night:	Add 4 drops to a tissue and place in the bedroom <b>out of the child's reach</b> to inhale throughout the night.

<b>Children aged 2 and over:</b>	
Day:	Add 8 to 12 drops to a tissue and hold close to, <b>but not touching</b> , the child's nose, to allow child to breathe in vapours.
Night:	Add 8 to 12 drops to a tissue and place in the bedroom <b>out of the child's reach</b> to inhale throughout the night.

#### Using with hot water:

<b>Children under 2 years:</b>	
Not recommended	
<b>Children aged 2 and over:</b>	
Day:	Add 8 to 12 drops to hot water and allow child to breathe in vapours. Or leave in the room <b>out of the child's reach</b> to inhale the vapours.
Night:	Add 8 or 12 drops to hot water and leave in the bedroom <b>out of the child's reach</b> to inhale throughout the night.

! Hot water may scald. Keep out of the reach of children.

! Close supervision is necessary with young children.

! Avoid contact with child's skin and clothing i.e. child's nightwear. If oil does come into contact with skin or clothing wash off immediately with cold water. It may cause a stinging sensation which is not serious and lasts only a short while.

! **Do not put drops directly into nose or mouth. If Olbas for Children is accidentally swallowed, seek immediate medical advice.**

! If Olbas for Children comes into direct contact with the surface of the eye, wash thoroughly and seek immediate medical advice.

! Avoid contact with plastic and other delicate materials.